



BRAIN INJURY DAY PROGRAM

Cornwall

The Vista Centre Day Program (VCDP) is a social leisure program where participants spend the day in a safe environment, under staff's guidance, participants develop leisure lifestyle skills, find activities in the community, improve self-esteem, and develop social relationships.

Program activities are designed to appeal to a broad scope of personal interests. With regular feedback from our members in the development of our schedules, we can be sure that program activities have a participant focus.

All interested individuals will need to complete an intake assessment and meet eligibility criteria before beginning.

Eligibility Criteria

- Diagnosis of an Acquired Brain Injury
- Age 18 years and older.
- Individuals have the willingness to increase their independence and express interest in participating in the program.
- Individual assessments will be completed for persons dealing with addiction issues or experiencing significant behavioural and/or psychiatric challenges,
- An individual assessment, INTER RAI Community Health Assessment, will be completed for all new program

Activities

Social Club
Current Events
Group
Discussions
Special Events
Celebrations
Cognitive
Activities
Crafts/ Art Activities
Fitness
Experiential Learning
Community
Outings
Gardening

www.vistacentre.ca

Monday-Thursday
9:30am- 2:30pm

Location and Contact Info

Unit 50-55 Water Street
West
Cornwall Ontario
K6J 1A1

Contact Us
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