

# Stroke Survivors & Caregivers Become a volunteer!



The After Stroke - Hospital Peer Connections program aims to inspire stroke survivors and their families to lead a meaningful life after a stroke. We are looking for volunteers who have had a stroke and are well into their recovery OR are caregivers of someone who has had a stroke. Volunteers will go into the hospital to visit with recent stroke survivors, providing peer support, hope and encouragement.

## Would you like to:

- Share your story of stroke recovery
- Inspire others to live their best life after stroke
- Provide hope and encouragement to people who have just had a stroke

Scan the QR code, or visit our website:

<http://www.marchofdimes.ca/volunteer>

