

Are you a Younger Stroke Survivor



We're Inviting You to Join Us

Stroke Support Group

- Our group runs virtually every two weeks by Zoom
- Every second Tuesday from 10:am - 11:30am
- We're from Belleville Ontario, part of the South East Region
- The group is peer led by young stroke survivors from the community

Our goal is to meet new friends who have experienced a stroke, share ideas, and support one another.



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